

## London Sports Physiotherapy Meeting

Saturday 14th September 2013

Price £130

This meeting has been designed to offer physiotherapists with a special interest in musculo-skeletal therapy and sports injuries, a comprehensive, stimulating and engaging programme of talks.

Presentations will be delivered by a faculty drawn from professional practice and academia from the world of sports surgery and physiotherapy.

There will be practical workshops on the day covering NMES and its uses in clinical and sports settings as well as a free gift to all delegates paying the full attendance price.

### Free Gifts:

- Opt 1 stabilizer pressure biofeedback unit
- Opt 2 aircast knee cryocuff + Bucket
- Opt 3 £100 Chattanooga Voucher

For more information about this exciting new conference and to book your place, please visit...

[www.DJOed.co.uk](http://www.DJOed.co.uk)

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## Programme

AM	07:15	Registration	
	07:50	Mr Adil Ajuied	Welcome & Meeting Vision
	Foot & Ankle		
	08:00	Mr Ioan Jones	Ankle instability: a difficult problem?
	08:25	Mr Sam Singh	Achilles Tendonitis – A Modern Approach
	08:50	Oliver Finlay	The Elite Ankle
	09:15	Q & A	
	Knee		
	09:25	Mr Adil Ajuied	Save the meniscus
	09:50	Mr Andrew Davies	Multi-ligament knee injuries... A Challenge!
	10:15	Dr Lee Herrington	ACL-Recon Rehab and meniscal repair
	10:40	Q & A	
	10:50	Break	
	Hip		
	11:20	Mr Marc George	Where groin injuries end and FAI begins
	11:45	Mr Johan Witt	Turning the cup
	12:10	Mr Nick Allen	The elite dancer, a greater range of movement
	12:35	Q & A	
	Non-Regional		
	12:45	Dr Dylan Morrissey	Tendinopathy: An Update & the future
13:10	Lunch		

PM	Therapies Demonstrations		
	13:40	Neuromuscular Electrostimulation Workshops	
	14:50	Break	
	Shoulder		
	15:00	Mr Andy Richards	Instability and how to solve it
	15:25	Mr Steve Corbett	Why throwing is bad for you
	15:50	Dr Nicola Phillips	The elite shoulder, a challenge
	16:15	Q & A	
	Guest Speakers		
	16:25	Dr Ross Wadey	Sports Psychology: Injured body, injured mind
	17:30	Close	